

# Fundamental Movement Skills Book 2: The Tools for Learning, Teaching and Assessment



## CONTENTS

### Chapter 1 Tools 1: Fundamental Movement Skills Descriptions

Overview	Dodge
Balance on one foot	Continuous leap
Line or beam walk	Catch
Climb	Overhand throw
Forward roll	Underhand throw
Sprint run	Chest pass
Hop	Kick
Jump for distance	Punt
Jump for height	Two-handed strike
Skip	Hand dribble
Gallop	Foot dribble
Side gallop	

### Chapter 2 Tools 2: Assessment Strategies

Overview	Photographs, Images and Drawings
Learning Stories	Videotape
Rubrics	Talks with Children
Profiles	Self Reflection
Teaching Cards	Peer Reflections

### Chapter 3 Tools 3: Learning Experience for Fundamental Movement Skills

Overview
Child Structured Learning Experiences
Teacher Structured Learning Experiences

### Chapter 4 Tools 4: Formats for Sharing Information

Overview	Family Information Sessions
Postcards	School Assemblies
Notes	Parents in the Classroom
Class Lists	At-the-Door and In-the-Community Chats
Letters	Staff Room Chats
Newsletters	Family Games Days
Certificates	Dance Nights
Portfolios	Participation in Community Events
Reports	School Displays
Conferences	Community Displays
Carnivals	

### Chapter 5 Stay in STEP Screening Test